

Sporting Endeavour Award – Karl Hinnet

Private Karl Hinnett was only 19 when he almost died inside a Warrior tank in Iraq, attacked by rioters whilst supporting local security forces in Basra. An image of him covered in flames as he escaped from the tank made headlines around the world.

Having suffered 37 per cent burns to his upper torso, face and hands, Karl, from Tipton in the West Midlands, underwent five years of gruelling skin grafts and operations at the Queen Elizabeth Hospital in Birmingham. Following his remarkable recovery, Karl wanted to give something back to the hospital that had saved his life, as well as to raise money for other wounded Servicemen and women.

In October 2011, his keen sense of adventure led to him joining the Walking With The Wounded's expedition to Mount Manaslu in Nepal – successfully climbing to 8,151m, the seventh highest mountain in the world. Just six months later he joined an expedition team to reach Camp 2 of Mount Everest – a truly amazing achievement!

Karl's zest for charity fundraising has seen him achieve the fantastic feat of running 100 marathons over two years! His 100th was the New Year's Liverbird Marathon in Liverpool. He selflessly finances all the marathons through his Army pension, and he has successfully raised over £30,000 for Walking With The Wounded and the Queen Elizabeth Hospital in Birmingham.

This enthusiastic and determined young man has proven that determination and endurance can lead to success against the

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odds, and he has inspired thousands of people along the way.

It is for his dedication to supporting the 'military family' by using his sporting achievements to help others, that this year's Soldiering On Sporting Endeavour Award will be presented to Karl Hinnett.



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